# BE BRAVE WITH LANGUAGE

SEXUAL ORIENTATION GLOSSARY

OUR LGBT+ CAMPAIGN GROUP WANT YOU TO KNOW ...

## AROMANTIC

A person who does not experience romantic attraction. Sometimes shortened to aro.

#### ASEXUAL

A person who does not experience sexual attraction to any gender. Sometimes shortened to ace.

## A-SPEC

Short for asexual and aromantic spectrum, referring to anyone who does not or exceptionally rarely experiences sexual and/or romantic attraction.

## ATTRACTION

This is how you find yourself feeling drawn (or not drawn) to people in a physical, sexual, romantic or emotional way.

## BISEXUAL

A person who is attracted to two or more genders.
Sometimes shortened to bi.

## DEMISEXUAL

A person who does not experience sexual attraction to anyone until a strong emotional connection is formed.

#### GAY

A person who is attracted to people of the same gender. Some people also use homosexual, but due to that term's clinical and pathologising history, most prefer gay.

#### HETEROSEXUAL

A person who is exclusively attracted to a different gender to their own. Sometimes shortened to het or hetero and is also referred to as straight.

#### HETERONORMATIVITY

The assumption or belief that heterosexual people are the default and those who aren't heterosexual are abnormal.

## LESBIAN

A woman who is exclusively attracted to other women.

## PANSEXUAL

A person who is attracted to all genders or to people regardless of gender. Sometimes shortened to pan.

## QUEER

An umbrella term that can be used to refer to people of any LGBTQ+ identity. Because of its history of being used in a derogatory manner, some people dislike being referred to as queer.

# QUESTIONING

A person who is unsure of their sexual orientation or gender identity.

#### STRAIGHTWASHING

Erasing a historical figure or character's sexual orientation in order to present or portray them as heterosexual when they are not.