

## Research, Innovation and Knowledge Exchange: Researcher Development

### Get ready for Academic Writing Month...



#### What is Academic Writing Month?

[Academic Writing Month](#) (#AcWriMo) was inspired by National Novel Writing Month. It takes a similar approach but has a specific focus on academic writing rather than novel writing.

The challenge is for academic researchers to set and meet a writing goal during the month of November.

Whilst the goal is important, the idea behind #AcWriMo is to promote reflection and improvement, create good writing habits and provide an opportunity for sharing and encouragement as a wider community.

Everyone can benefit from this, whatever your career stage as an academic researcher. Will you join the challenge?

#### How do I take part?

To take part in Academic Writing Month you will need to:

- **Decide on your goal** – this might be writing a specific number of words over the course of the month, writing at a regular time, writing for a set number of hours, reflecting on your writing practice, or completing a particular writing project.
- **Share your goal** – by letting others know about your commitment you are much more likely to keep to it. You could do this with research colleagues, or more widely on social media (using #AcWriMo).
- **Plan ahead** – how will you prepare for November? Think about what you will need to succeed.
- **Share your progress** – online or in-person with your manager or research colleagues.
- **Don't give up** – stay focused, stick at it, and don't get distracted (but be kind to yourself). And don't forget to encourage others with their writing efforts too!
- At the end of the month, **share your results and learning**. How was it for you?

#### Some resources you might find useful

- [How to beat digital distraction and write more \(podcast\)](#)
- [Yoga For Writers | 30-Minute Yoga Practice](#)
- [Writing Skills: elearning resources for ECRs from Elsevier Writing Academy](#)
- [Emotional labour and academic writing -an interview](#)
- [5 academic writing skills I learned from my dog \(blogpost\)](#)
- [A crash course in writing well \(LinkedIn learning\)](#)
- [The best advice I ever received \(audio\) - The Royal Literary Fund](#)
- [Ask The Elephant – At a Glance Guide to Academic Writing \(Royal Literary Fund\)](#)